

Habit Tracker

1 **2** **3** **4** **5** **6** **7** **8** **9** **10** **11** **12** **13** **14** **15** **16** **17** **18** **19** **20** **21** **22** **23** **24** **25** **26** **27** **28** **29** **30** **31**

Date

The figure consists of a 10x10 grid of colored dots. The dots are arranged in 10 rows and 10 columns. The color of each dot follows a repeating pattern: red, cyan, red, cyan, red, cyan, red, cyan, red, cyan. This pattern repeats across all 100 dots in the grid.

To the right of the grid, there are four vertical columns of horizontal bars. The first column has one teal bar at the top. The second column has one teal bar near the top and one light red bar near the bottom. The third column has one teal bar near the middle. The fourth column has one teal bar near the bottom.